



WINTER 2019-2020

Thanks to your support, CommUnity received awards for “Best Local Nonprofit” and “Best Crisis Management Organization” at Little Village’s annual Best of CRANDIC Awards.

GRATITUDE REPORT

Reflecting on what you’ve helped build in 2019

As we kick off the new calendar year, we’d like to take some time to reflect on what has made 2019 special.

When it comes down to it, the connecting factor in everything we’ve accomplished is YOU.

Thanks to your support, our programs have helped thousands of individuals and families in Johnson County and beyond.

Our Food Bank had a record year, distributing over **TWO MILLION pounds*** to Johnson County residents experiencing food insecurity. In addition, the Food Bank added Saturday hours, removing barriers for people with other obligations during the week so that they can receive our services. Our Mobile Pantry added two new stops, making food more accessible for residents who face transportation barriers. And most recently, nearly **1,700 families** received a holiday meal through Project Holiday.

Our Basic Needs program assisted with **878*** rent and utility bills. **523* people** received work-enabling items like boots and uniforms, giving them a chance to support themselves in a new job.

Thanks to your support, **31,000* people** struggling with thoughts of suicide and other mental health crises were able to connect with a trained crisis counselor. Our Mobile Crisis Outreach team dispatched counselors to **738* crisis situations** in our community, helping many of them avoid unnecessary visits to the hospital or jail.

The reach of your donation’s impact extends beyond our organization. Thanks to our trainings on suicide intervention and trauma-informed care, hundreds of people from educators to nurses to retail workers and farmers have learned the skills to support people in their lives through a mental health crisis. Thank you.

Save the Dates

- » **February**
Spread the Love PB&J Drive
- » **March 7**
Pancake Breakfast at Our Redeemer Lutheran Church
- » **March 29**
CROP Hunger Walk at 1105 Project
- » **April**
Shower CommUnity Baby Items Drive
- » **April 22**
4th Annual Hunger Banquet at The Graduate



Food Bank staff and volunteers celebrate our first Saturday being open in the Food Bank.

**Indicates data from FY2019*

Volunteer Spotlight - Kassy H.

By Isabelle Rowland-Weiss, Communications Intern



Staff and volunteers at CommUnity can agree that Kassy's smile radiates warmth and positivity. It makes sense. Before retiring, Kassy worked in

dental offices as an office manager for 35 years.

These days, she spends her time quilting, visiting her children and grandchildren, and volunteering with CommUnity Food Bank. In the six years Kassy has been with CommUnity, she has volunteered just about everywhere, but her favorite assignment is interviewing for the Basic Needs Program.

"I suppose as an interviewer, I feel like I'm really helping people, you know, because I'm helping them turn their electricity back on or turn their water back on or not get evicted from their house," Kassy said. "It's so rewarding."

Kassy's work with the Basic Needs Program ensures that individuals and families in Johnson County struggling to afford rent or utilities get the extra help they need. However, her work at

CommUnity has helped more than just our clients. It has given her a purpose post-retirement.

"I really like volunteering here. It makes you feel like your life [is] worth [something]. It just completed my life when I retired. It was really special," Kassy said. "You know, for years, I sort of wanted to be a social worker. I'd always wanted to help people. This was just a perfect fit."

However, the job isn't always easy, especially when a conversation with a client hits home. As a mother, Kassy connected with the story of a 15-year-old boy who came to CommUnity for his mother, because she had been hit by a car.

"He was so brave and so mature. He was getting money for rent, but his mother had gotten hit by a car by the person she rented the house from. And I just cried. He was so brave. I sent him to legal services... but I couldn't imagine my kids at 15 years old doing that."

While connecting with people facing serious crisis may be hard sometimes, Kassy said that one thing that helps her lighten the mood is, "being silly."

"The first day I went to work when they made me an office manager, I said, 'Okay, you have to be more serious.' I tried it for one day, and I gave up. You just have to be yourself. That's probably the best thing to be. Just who you are," Kassy said.

Kassy's kindness and authenticity helps community members who visit the Food Bank to feel comfortable asking for help. We are grateful that she has chosen to devote her time to serving our community in the Food Bank.

With a warm grin, she concluded, "This is the greatest place."



Kassy poses for a photo at the front desk with some of the other Food Bank volunteers on her shift.

Interested in volunteering? Opportunities are available in our Food Bank, Mobile Pantry, and on our Crisis Line. Visit builtbycommunity.org/volunteer to learn more.

Thank you for making all of our work possible in 2019. Your gifts of time, talent, and treasure have created security, restored hope, and saved lives. We're excited to see what we can create together in 2020!

In the spirit of gratitude, we wanted to pass along some of the feedback we've received from our clients. Your support means so much to so many.

“ You don't know how much it means to me having your crisis line. You don't know how many times I've called in and you guys just nailed it on the head. I don't know where I would be without you guys. Keep up the good work and know that there are people out there that really appreciate you. ”

“ I think that for me, the fear of going hungry is as bad as not having food. I feel stress and become preoccupied with questions of survival. When I started coming to the Food Bank, I started to feel that there is a safety net—that I won't go hungry. Now I have a job, but I don't make enough to stop coming to the Food Bank. One day soon. Thanks for the hope. ”

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I would like to thank the Food Bank for being available to my family through difficult times in my life. It got me through. Again, thank you.



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“

**CommUnity has helped our family during hard times.
Thank you for putting smiles on everyone's faces.
You are undercover angels. Thank you.**

”

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“

The Food Bank has helped my family over the years.
They are always there with a friendly smile and give
hope where needed!

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“
As a single parent, I have ‘enlisted the village’ raising my two sons. Thank you so very much for helping us. I don’t know how we could have made it otherwise.
”

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The Food Bank helped my family from going hungry when I lost my job and was searching for change to buy a roll of toilet paper.



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“

On Passover last year, we had a major matsa bread shortage. The Food Bank came through with a surplus of unleavened bread, kosher for Passover.

”

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“

Thank you for giving my family food to eat. Without it, me and my older sister would be hungry. I thank the Food Bank and my mom and dad.

”

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Becky Zwack

**Denotes a donor who passed away in the last year.*

“ **The Food Bank has given me food as well as kindness, patience, and understanding. Thank you to all of the wonderful volunteers.** ”

Karen Ultis
Joseph Urich
Jatin Vaidya
Paula Valino Ramos
Anita Van Dyke
Devin van Holsteijn
Donald & Joan Van Hulzen
Tricia & Eric Van Roekel
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Joseph & Dawn Wegman
Benjamin Wehrle
Ronald & Paula Weigel
Anthony R. & Phyllis K. Weiler
Eric Weiler

We try our best to print names accurately and to honor the privacy of those who chose not to be listed. Please contact Julia Erickson at julia.erickson@builtbycommunity.org or 319-351-2726 ext. 105 with any omissions or errors.

2019 DONOR ORGANIZATIONS & GRANTORS

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Urban Acres Real Estate
US Bank

“ [The Crisis Line volunteer] was incredibly validating and helped me out of a state of panic. I didn't feel like I was being judged or spoken down to, and talking to them has gotten me to a point where I think I will be okay until I see my counselor again. ”

Beeler Farms Partnership
Blank & McCune, The Real Estate Company
Casey's General Stores
CBI Bank & Trust
Chuck Smith Body Shop
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City of Iowa City
City of North Liberty
Classy Chassy Cruisers
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Jean Treder DDS
Jill Armstrong Team, Inc.
Joe's Place

“ When we were homeless, you gave us hope. When we were hungry, you fed us. When we were saddened, your loving arms were there to hug us when others wouldn't. ”

Pagliari's Pizza
People For People, Inc.
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